

[WHAT IS HYPERTENSION BLOOD PRESSURE](#)



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High blood pressure hypertension NHS

The only way of knowing whether you have high blood pressure is to have a blood pressure test. All adults over 40 are advised to have their blood pressure checked at least every 5 years. Getting this done is easy and could save your life.

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Blood Pressure What is high blood pressure

You may also have high blood pressure if just one of the numbers is higher than it should be over a number of weeks. If you have high blood pressure, this higher pressure puts extra strain on your heart and blood vessels. Over time, this extra strain increases your risk of a heart attack or stroke.

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Causes of High Blood Pressure Risk Factors Weight Diet

High blood pressure, also called hypertension, is dangerous because it makes the heart work harder to pump blood out to the body and contributes to hardening of the arteries, or atherosclerosis

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Blood Pressure Blood pressure chart

Blood pressure chart for adults. Using this blood pressure chart: To work out what your blood pressure readings mean, just find your top number (systolic) on the left side of the blood pressure chart and read across, and your bottom number (diastolic) on the bottom of the blood pressure chart.

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Hypertension Wikipedia

High blood pressure typically does not cause symptoms. Long-term high blood pressure, however, is a major risk factor for coronary artery disease, stroke, heart failure, atrial fibrillation, peripheral vascular disease, vision loss, chronic kidney disease, and dementia.

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What Is Considered High Blood Pressure Healthline

Blood pressure is determined by the amount of blood pumped by the heart and how easily blood flows through arteries. High blood pressure (hypertension) is when blood flows through your blood

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High Blood Pressure Hypertension MedicineNet

High blood pressure or hypertension is a condition in which pressure in the blood vessels is higher than it should be. Blood pressure is measured as two readings, systolic and diastolic. Normal blood pressure is 120/80. New guidelines state that blood pressure between 120/80 and 129/80 is elevated, and 130/80 is high.

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High Blood Pressure Hypertension Nucleus Health

This video, created by Nucleus Medical Media, shows high blood pressure, or hypertension. This is a common condition in which the force of blood on the walls of your arteries is often too high

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High Blood Pressure Hypertension KidsHealth

When someone has hypertension (high blood pressure), the heart and arteries have a much heavier workload. The heart has to pump harder and the arteries are under greater strain as they carry blood. The heart has to pump harder and the arteries are under greater strain as they carry blood.

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High Blood Pressure During Pregnancy Healthline

High blood pressure during pregnancy doesn't usually lead to serious problems. However, if it goes untreated,

hypertension can become life-threatening for both mother and baby.

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What Is High Blood Pressure American Heart Association

What Is High Blood Pressure? Blood pressure is the force of blood pushing against blood vessel walls. It is measured in millimeters of mercury (mm Hg). High blood pressure (HBP) means the pressure in your arteries is higher than it should be. Another name for high blood pressure is hypertension. Blood pressure is written as two numbers, such as 112/78 mm Hg. The top, systolic, number is the

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High Blood Pressure National Heart Lung and Blood

High blood pressure is a common disease in which blood flows through blood vessels, or arteries, at higher than normal pressures. Blood pressure is the force of blood pushing against the walls of your arteries as the heart pumps blood.

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High Blood Pressure Hypertension Symptoms Causes

Hypertension may not produce any symptoms, even if you have had it for years. That's why it is sometimes referred to as a "silent killer." It's estimated that 1 out of every 5 people with high blood pressure aren't aware that they have this major risk factor for strokes and heart attacks.

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High Blood Pressure National Institute on Aging

Blood pressure is the force of blood pushing against the walls of arteries. When the doctor measures your blood pressure, the results are given in two numbers. The first number, called systolic blood pressure, is the pressure caused by your heart contracting and pushing out blood. The second number

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What is Prehypertension Blood Pressure November 2018

Prehypertension is a condition that arises before one acquires, high blood pressure, in other words, hypertension. The situation occurs when one's blood pressure is slightly above normal but hasn't reached a state that qualifies one to be hypersensitive.

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